

Fishy News

fish.creek.ps@edumail.vic.gov.au
www.fishyps.vic.edu.au



**Fish Creek & District
Primary School**

Hoddle Road Fish
Creek VIC 3959 03
5683 2271

Important Dates

28th April School Council
8th June Queens Birthday
26th June End Term 2

A message from the Principal

Well done to everyone for completing their first full week of remote learning! I have been absolutely blown away by everyone's efforts during this difficult time. To the parents who have helped facilitate the learning I can't thank you enough. To the students who have taken everything in their stride and still been able to produce fantastic results with their learning, thank you. I have been amazed with all the work that has been uploaded to SEESAW. The best part of my workday is when I log onto SEESAW and see all the fantastic work that everyone is producing, it really makes me so proud. Finally, a big thank you to the teachers who have worked tirelessly to produce remote learning kits that are accessible and help each individual student grow. To learn a whole new program (SEESAW) in a very short amount of time with no fuss, you're amazing. You all continue to show how much you care about each individual student and how you always want the best for them.

Thank you to parents for all your feedback regarding our remote learning program, it has been wonderful to hear from you. We will continue to make small adjustments to our program as we try to make it as user friendly as possible. If you have any tips or suggestions, please don't hesitate to get in contact with us.

Many families have utilised our offer of laptops and other school equipment, if you are requiring equipment from the school please do not hesitate to get in contact with me by either calling on 5683 2271 or emailing the school at fish.creek.ps@edumail.vic.gov.au we are only too happy to provide them.
Cheers Dale.



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Environmental Science With Mrs Giliam

As we are not using our beautiful kitchen or garden right now, I am popping a cooking challenge in the newsletter each week. Parents give yourself a night off and have the kids impress you with their delights!

COOKING CHALLENGE NUMBER 1 You have 5 ingredients - either from the pantry or the fridge. You need to use them to make something EDIBLE for your parents. You can have help from a sibling, and you must have supervision with knives and appliances. We are not intending on any food waste so think carefully about conversations you have had with Nat over the years. What works together? You can use a recipe if you like or make up your own. Take a photo and email it to Miss Giliam at giliam.donna.d@edumail.vic.gov.au or pop it up on SEESAW. **Also, if you have started to build your little sustainable house / hut / Lego house (check your home learning pack for instructions) - send me some photos!**



Primary Welfare

Hi Parents and kids,

While we are doing home learning Mr Banks has asked if I could do some wellbeing work at this time for our school. I already do this at Tarwin Valley Primary School and really love it!

While many of you know me as the school's science teacher, some of you do not so here is a quick rundown of who I am and what I might be able to support you with.

I live in Fish Creek and I have 3 wild and wonderful daughters Lola (17) Annie-Jean (8) and Daisy (6), a handsome partner Andrew and a collection of animals. I have been a single mum and now we have a blended family. I did not become a teacher until I was 30 and before this traveled around Australia for 10 years having adventures, trying all sorts of jobs and even living in a tent for a dry season in the Bungle Bungles (with an 18 month old). I LOVE listening to people and can often find a silver lining and if you cry - it is likely I will end up crying with you! SO, right now we are all living through an interesting time in which there will be a multitude of challenges.

Teaching our own kids is not always going to be easy or fun... but I promise some days will be a delight.

I can:

- be a listening ear if you are having a rough day or week or moment, email or send me a message on messenger (Donna Jean Giliam) me and I will call you for a chat - everything will remain confidential. If you know of someone who might want a chat but might need me to make the first call.
- If your circumstances have changed and you need support navigating agencies like Centrelink.
- let me know if you or someone you know is needing a meals or food (either for comfort or economic reasons)
- contact me if you want support with finding a counselor or a support group.
- if your kids want someone to chat to (or you need them to chat to someone else!!)



Crafters and lovers of the Fish Creek Tea Cosy festival exhibition will be delighted to know that while the festival has been cancelled, the **Tea Cosy Competition & Exhibition is still on, with an additional competition to boot.**

Yes, the competition & exhibition will proceed as the e-Cosy Exhibition. All crafted tea cosies should be photographed and sent via email to teacosyfestival@gmail.com where they will be uploaded to an on-line exhibition commencing 16 May. All entry fees have been abolished; all categories will continue; judging will still occur, and prizes will be awarded.

NEW Instagram competition: #TEACOSIESINISOLATION

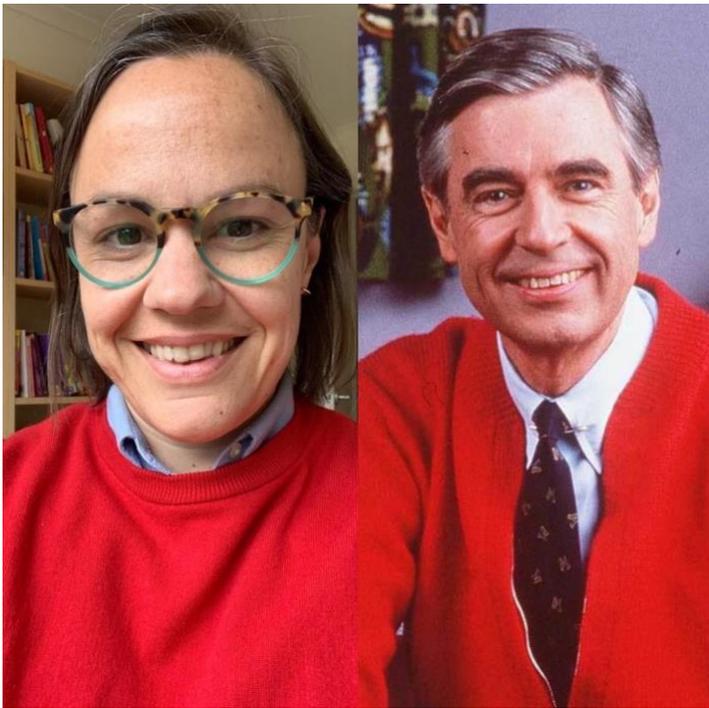
While COVID-19 is a very serious situation, the Fish Creek Tea Cosy Festival Committee wanted to do something more to bring a smile to its loyal band of supporters. *#teacosiesinisolacion* seeks photos of any tea cosy in an isolated situation. (You don't have to make it; it can be yours, your grannies, borrowed etc) It can be indoors or outside, whatever takes your imagination.

Thanks to Pennicott Wilderness Journeys, the prize for the best image will be a Prom Cruise gift voucher for two.

Fish Creek Tea Cosy Festival organisers are gratified by the continued support of the all prize sponsors, who without hesitation, agreed to support the re-jigged competition.

They hope YOU will join in the fun of the e-Cosy exhibition and the *#teacosiesinisolacion* competition and look forward to the entries arriving in time for the 8 May deadline.

For more information www.teacosyfestival.com.au or 0484 586 296



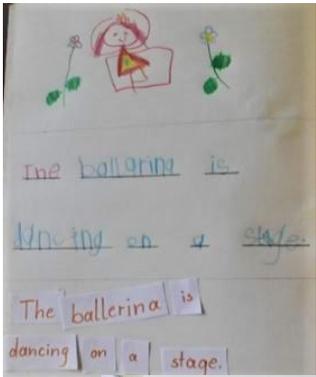
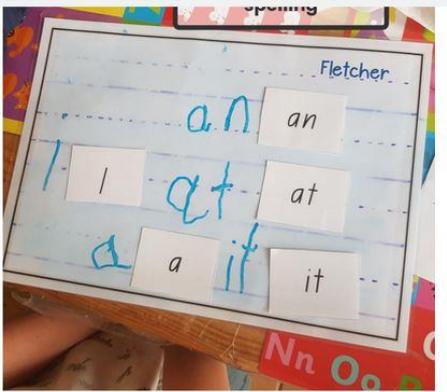
Ms Ellis' best Mister Rogers impersonation!

Monty and Savannah working on the farm

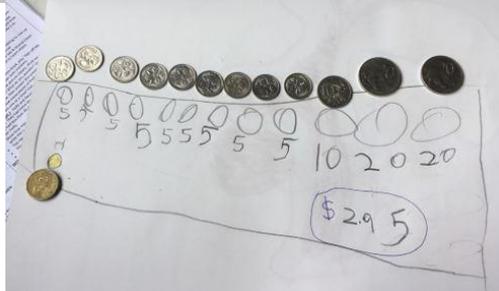


Just hanging around, after school work is done of course!

Some Fabulous Prep work



Please send photos in to fish.creek.ps@edumail.vic.gov.au We would love to see what everyone has been up to! We miss your smiling faces (you too teachers!)





TUNING IN TO KIDS: EMOTIONAL COACHING PARENTING

FREE six session **ONLINE** parenting program for parents with children aged 3 – 10

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence.

Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Participant Feedback:

"I found everything useful, my partner and I loved the whole thing"
"Thank you for coming to our community, big thing for us as we are often isolated with limited support";
"I loved everything about the program, it was very helpful and hearing what other parents had to say about their children, was very useful, it made me feel human"
"It gave me the tools to communicate more easily in stressful situations with the kids and help them name their emotions"



Presented by	Berry Street - Kate Thomas & Erin Johnston Tuning in to Kids Facilitators
Dates/Times	6 Week Program: Week starting 6 th May concluding on week starting 17 th June (Term 2) Day/Times: Wednesday 8pm to 9:30pm
Venue	Online Via ZOOM (we will give you all details of how to use this platform)
Target Audience	Parents with Children aged 3 to 10 years old.
Register	Please register your interest by speaking to Donna Gilliam or emailing her on: gilliam.donna.d@edumail.vic.gov.au or calling (03) 908018811 ASAP – Places are limited