First Aid for Kids

LEARNING ALL ABOUT FIRST AID

On Wednesday 12.3.2014 a man from St John First Aid came and showed us how to do first aid, his name was Ben. He used to work in the emergency call room where people call 000 for help. Ben showed us a good way to remember how to save someone’s life DRS A, B, C which stands for...

Danger - Listen, look and smell for danger.
Response - Talk to them and squeeze their shoulders to see if they wake up.
Send for help - Call 000 for help.
Air ways - Put two hands up and two fingers on the forehead and on the chin and lift the head up to make sure they can breathe.
Breathing - put your hand on their belly and hear for breathing.
CPR - If they are not breathing pump on the chest and do mouth to mouth.
R - Recovery, if they are breathing you put them in the recovery position.

Ben showed us how to do CPR on a manikin but not mouth to mouth we just pumped on the chest. It was a very fun day.

By Tayla Stefani

Community Noticeboard

Corner Inlet Stingrays Junior Football Club
REGISTRATION & TRAINING DAY
Sunday 16th March 2014, 11.00am
Followed by a BBQ lunch at 12.30pm
South Gippsland Secondary College Oval

Come along for a light training run, some fun and games, meet your team mates, coaches and committee for 2014.

If your son/daughter is interested in joining the Stingrays this season, in either Under 11s or Under 13s, and you’re unable to attend this family day, please register their name with Robyn Hill 0427 871 339 or email rthill5@bigpond.com

Important Dates

March
Wed-Fri 19-21st Grade 3/4 Wilsons Prom Camp
Tuesday 25th Waratah Athletics—SGSC
Wednesday 26th Life Ed
Thursday 27th Coastal Ambassadors
Friday 28th Back Up day for Waratah Athletics

April
Tuesday 1st Science Show Nexus Arts
Smile Day—dress as something funny
Friday 4th Last Day of Term 1 2.20pm Finish

Principal Comment

Wow! Who would’ve thought we could fit so much into a short week! Over the weekend we had some enthusiastic cupcake makers and volunteers who gave up their time to sell cupcakes at the Foster Market. Thank you to everyone involved—including our students. We raised $550. On Tuesday the fantastic Prep/1s and their buddies served up some delicious pancakes for everyone to enjoy. We also held our first new school council meeting. I would like to welcome Tara Ellard and congratulate our president Marion Bowron and vice president Brad Gale for another term of office. We still have a 12 month casual vacancy, if anyone is interested please let me know. Attached are the minutes of the meeting detailing our new sub committees. If you have any concerns relating to school policy, finance or strategic planning please contact one of our friendly school councillors. We farewell and thank Jo Drury for her contributions to school council. On Wednesday Ben from St Johns took our students through some practical, hand on activities related to first aid and what to do in an emergency. I know they enjoyed the role plays and had fun whilst learning the essentials skills necessary to help save a life.
Home Learning
Thank you to everyone who has provided positive feedback about our home learning. School council met this week and have updated our policy to reflect the changes. A copy of the policy is attached to this newsletter with the school council minutes. As we are still settling in to the school year and teachers are getting to know their students there will be variations across the grades in terms of the content included in the grid and time allocated to complete these. The Grade 5/6 focus is on timetabling their home learning into busy after school schedules and learning how to manage this effectively. This is a skill that will not only help them at primary school but as they move onto secondary college and life in general. If you have any questions or concerns please speak to your child’s teacher. If you would like any further information about the grid format and the benefits to school and family life please see the following website: http://www.boysforward.com.au/.

Appointments Please
It is great to see some many parents in the morning, after school and throughout the day. A friendly reminder to make an appointment to see your child’s classroom teacher if you wish to discuss anything about student learning and behaviour. They will have a better understanding and first hand knowledge of what is happening on a day to day basis in their classroom. Equally you need to make an appointment to discuss issues related to school policy, management, staff members or more complex student issues with the principal. Failure to make an appointment may result in your request to speak to a staff member being refused until a mutually convenient time can be arranged. We thank you for your support and cooperation.

PREP-2 READING HELPERS
Thank You to the parents who have already volunteered to help out with reading each morning. We would like to get a few more helpers involved. You do not have to commit to the same day each week, just come along whenever you can. If you can give up a half hour or so first thing in the morning, one day a week, please let Kerri or Ashleigh know. A reminder to all helpers, you must sign in and out at the office when you are helping in the classrooms.

Student Lunches
If sending lunch in from home that requires a utensil to eat it, please ensure you also send along a fork or spoon for your child to eat it with. If any student forgets their lunch, or their parent forgets to order it, they will be given toast for lunch.

Pop Top Bottles Needed
Mrs Banikos is looking for 250ml bottles to use in a science experiment in the coming weeks so if you have any, please send them along to school.

PnF AGM
The PnF will be holding the AGM tomorrow Friday 14th March at 9am in the Music Room. We encourage everyone who is interested in being involved in any way big or small to attend this meeting. One of the main focuses for this group this year will be fundraising to convert the Music room into a multi purpose community space. Anyone interested in helping out is invited to attend.

Pancake Day
Thanks to Mrs Smith, the Prep/1s and their buddies for providing the yummy pancakes for everyone on Tuesday. They did a great job and everyone enjoyed eating them. Just under $250 was raised for disadvantaged children.

KidsMatter Primary
The importance of children’s mental health and wellbeing
Mental health and wellbeing is vital for learning and life. Children who are mentally healthy learn better, benefit from life experiences and have stronger relationships with family members, school staff and peers. They are better equipped to meet life’s challenges and to contribute productively to their families, friends and society in ways that are appropriate for their age.

Good mental health in childhood also provides a solid foundation for managing the transition to adolescence and adulthood, for engaging successfully in education, and for making a meaningful contribution to society. With adequate support, good coping skills and a manageable level of environmental stress, many children progress through to adolescence and adulthood without showing significant behavioural or academic difficulties.

Sports Report
By Kairon & Zali

The Traralgon Tournament under 14’s boys 1st game was against Traralgon at 11:15am on Saturday. We won. The scores were 46-29. The 2nd game was against Warragul at 4:00pm on Saturday. We won. The scores were 48-23. The 3rd game was against Traralgon at 11:15am on Sunday. We won. The scores were 27-19. Traralgon improved on that game, so well done to them. The 4th game at 3:15 on Sunday was against Warragul. The scores were 29-12. We won. The grand final was against Traralgon on Monday at 2:15pm. We won. The scores were 47-23. The MVP was Sam Flanders.

There were only 2 other teams that we played and we were successful in all our games.

Sharli did her first gymkana on the weekend and had heaps of fun and did very well. Well done Sharli.